

RIGHT TO INFORMATION ACT

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THE INSTITUTE

Morarji Desai National Institute of Yoga (MDNIY) is an autonomous organization registered under the Societies Registration Act, 1860 and fully funded by Department of AYUSH, Ministry of Health & Family Welfare, Govt. of India. MDNIY is a focal Institute for planning, training, promotion and coordination of Yoga Education, Training, Therapy and Research in all aspects.

OBJECTIVES

The objectives of the Institute are:

1. To act as a center of excellence in Yoga;
2. To develop, promote and propagate the science and art of Yoga; and
3. To provide and promote facilities of training, teaching and research to fulfill the above two objectives.

VISION AND MISSION

Health, Harmony and Happiness for all through Yoga

The institute provides best of Teaching, Education, Training, Therapy and Research facilities to Yoga aspirants. The aim of the Institute is to promote deeper understanding of Yoga philosophy and practices based on classical Yoga amongst the people.

MANAGEMENT

The institute is fully funded by the Department of AYUSH, Ministry of Health and Family Welfare, Govt. of India. The authorities and the Officers of the institute are: The President, The General Body, The Governing Council, The Director and such other Committees, Sub-committees, Authorities and Officers as may be appointed by the Governing Council, e.g. Standing Finance Committee, Scientific Advisory Committee, Academic Committee etc.

The Union Minister of Health and Family Welfare, Govt. of India is the President of the General Body of the institute. The Secretary, Department of AYUSH, Ministry of Health and Family Welfare, Govt. of India is the Chairperson of the Governing Council. The Director of the institute is the Chief Executive Officer and Head of the department of the institute and exercises the powers of Head of the department and inter-alia, discharges the duties as mentioned in the bye-laws of the institute.

Department

Yoga Education and Training

1. The Department of Yoga Education and Training is headed by Programme Officer (Yoga Education & Training) and assisted by Assistant Director (Yoga), Assistant Research Officers (Yoga) and Yoga Instructors.

2. Yoga Therapy

The Department of Yoga Therapy is headed by Programme Officer (Yoga Therapy) and assisted by Assistant Director (Yoga), Assistant Research Officers (Yoga) and Yoga Instructors.

3. Yoga Research

The Department of Yoga Research is headed by Assistant Director (Scientific) and assisted by Research Officer (Scientific), Assistant Research Officer (Scientific) and other Research Staff.

4. Communication and Documentation

The Department of Communication and Documentation is headed by Communication and Documentation Officer (C&DO) and assisted by Technical Assistant, Cataloguer and other staff.

5. Administration

Administration is headed by Administrative Officer and assisted by Accountant (Accounts) and Office Superintendent (Establishment) and other Ministerial staff.

Conference Hall: The Hall is centrally air-conditioned. Nearly 50 participants can be easily accommodated in this Hall. LCD projector and other technological facilities are available in this Conference Hall. Meetings, mini-conferences and seminars are conducted in the hall.

Amphitheatre: Amphitheatre can accommodate nearly 200 persons. The amphitheatre is used for Yoga competitions, Yoga demonstrations and other cultural activities.

Meditation Hall: The meditation hall is circular dome shaped with sound proof facility. The hall is centrally air-conditioned with natural light beaming from the top of the dome. Regular meditation classes are conducted here.

Communication & Documentation Centre: Communication and Documentation Centre has a Library, Exhibition Hall, and a Multi-media centre. A new Learning Resource Centre partially funded by WHO is at the conceptual stage.

Library: Library is centrally located and air-conditioned. It has a capacity of storing 80,000 books. At present there are approx. 11000 books on Yoga and allied subjects. Apart from books, Journals, Periodicals and newspapers are

available for reading. This is also having the facility of Internet and Photocopy.

Kriya Block: This block is in triangular shape. Regular Yoga practical classes are conducted here. There is also a provision to conduct Shatkarma (cleansing) Process.

Auditorium: Auditorium is centrally air-conditioned with latest audio and lighting system. Auditorium has a seating capacity of 120 persons at a time.

Academic Block: Academic block is under the Library hall. Usual theory and Practical classes for different educational courses are conducted in this block.

O.P.D. Block: Out-patient consultation rooms are located in this block. Sr. Medical Officer, Dietician and Yoga Experts are available for consultation in this block.

Administrative Block: Director, P.A room and Cafeteria are in the Ground Floor. Administrative Officer, Stores are located in First Floor

Yoga Education

I. DIPLOMA IN YOGA SCIENCE (DYSc.) (One year duration)

1. Duration: Diploma in Yoga Science course is of one year duration consisting of two semesters.

2. Eligibility:

a) Qualification: A Graduate degree in any discipline from a recognized University in India or abroad with minimum 40% of marks in aggregate. Candidate with P.G. degree in any faculty will be given 5% additional marks to the qualifying examination

b) Age limit: Below 30 years as on 1st August of every year and 10 Years age relaxation for In-service personnel on deputation through proper channel.

c) Medical test: Candidates shall be medically fit. Selection will be subjected to clearing the medical examination conducted by the Institute.

3. Intake Capacity: 115 (58- GM, 31-OBC, 17-SC, & 9-ST) seats for Indian Students. In addition to these 2 seats are reserved for students from Andaman & Nicobar Islands and North-east states and 01 seat for foreign student. The candidature of the A & N Islands and NE state students has to be recommended and forwarded by the Health/ AYUSH Department of concerned State/U.T.

4. Selection Method: Selection will be on the basis of Merit-cum-Reservation on all India basis, which will be subjected to production of Medical Fitness Certificate.

5. Scholarship: @ Rs. 3,000/- per month for Thirteen meritorious Indian

students on the basis of the performance in the first Semester examination.

6. Fellowship: @ 8000/- per month for the students of Andaman and Nicobar Islands (02) and North East States (02).

CERTIFICATE IN YOGA SCIENCE FOR TARGET GROUP (CYSc.)

1. Duration: Certificate in Yoga Science course is of 4 months duration for target group.

2. Eligibility:

a. **Essential:** A candidate who has passed at least 10+2 examination from a recognized Board or equivalent shall be eligible to take admission to this course. However, graduates and persons having elementary knowledge on Yoga and Yogic practices shall be given preference. Persons with chronic ailments are not allowed to take admission to this programme.

b. **Desirable:** Experience of teaching/conducting classes/practicing in the field of health/physical education, familiarity with concept/philosophy and practices of Yoga.

3. Hours of instruction: The course will be conducted 6 days in a week. There will be 6 hours of instructions, 3Hrs. Theory (4 classes of 45 min each), 3Hrs. Yoga Practicals and an hour Special Techniques/Tutorials/Personal Practice every day.

4. Attendance: A Participant shall attend a minimum of 90% of total instruction hours in both Theory and Practical.

YOGA THERAPY PROGRAMMES (YTP)

It has been found by the scientific studies that Yogic intervention is effective in managing the psychosomatic and life-style based disorders. The Institute offers Special Yoga Therapy programmes for the management of such disorders. The schedule of the said programme is as under:

Sl.	Name of the Programme	Timings
1	Respiratory Disorders /Bronchial asthma/Sinusitis etc	06:00 am to 07:00 am
2	Obesity related health problems (Diabetes/ G.I.T. Disorders)	07:00 am to 08:00 am
3	Cardio-vascular Disorders (CAD/Hypertension etc.)	08:00 am to 09:00 am
4	General Yoga Therapy classes for all the disorders	09:00 am to 10:00 am
5	Neurological Disorders (migraine, Paralysis etc.)	10:00 am to 11.00 am
6	Psychological Disorders	11:00 am to 12:00 noon
7	Musculo-skeletal disorders (Backache, Arthritis etc.)	04:00 pm to 05:00 pm

Duration: One month, the course commences on 1st working day of every month, which may be extendable maximum for another five months or more depending upon the requirement.

Fees: Rs. 400/- in the initial month (which includes the pre and post Lab tests on free of cost, recommended by the Physician) and Rs. 200/- from second month onwards.

Out Patient Department (OPD)

Yoga Therapy OPD is operational and available to the public to get consultation on Yoga, Diet etc. A full fledged Pathology and Bio-chemistry Lab as well as X-Ray unit is attached to the OPD for laboratory Investigation.

Yoga Therapy and Research Centres in Tertiary Hospitals

The Institute has started Yoga Therapy and Research Centres in Govt./Tertiary Hospitals of Delhi with the aim of main streaming Yoga in the existing health care system. At present such Centres are being run in the following Hospitals/Institutes:

1. Vallabhbhai Patel Chest Institute, University of Delhi, North Campus, Delhi – 7.
2. Rajan Babu Instt. of Pulmonary Medicine and Tuberculosis, Dhaka Colony, Kingsway Camp, Delhi - 9.
3. LRS Institute of Tuberculosis & Respiratory Diseases, Sri Aurobindo Marg, New Delhi - 30.
4. Institute of Human Behavior & Allied Sciences, Jhilmil Colony, Dilshad Garden, Delhi - 95.

The timings of the Yoga Consultation and classes in the above Hospitals are 8:00 am to 4:00 pm on all working days.

Preventive Health Care Units of Yoga in CGHS Dispensaries

The Institute has established Preventive Health Care Units of Yoga in CGHS Dispensaries. In the initial phase 10 such Units have been set up in Delhi and NCR. It is expected that more such Centres will be developed in the days to come not only on Delhi but also other parts of the country.

Extension Activities

Yoga Education and Therapy Centre at AYUSH Hospital, Port Blair, Andaman & Nicobar Islands. With a view to propagate system of Yoga to the remote areas of country, the Institute has set up a Yoga Education and Therapy Centre at AYUSH Hospital, Port Blair, A & N Administration.

Yoga Therapy and Training Centre at DSR District HQ Hospital, SPSR, Nellore (A.P.). The Institute has set up a Yoga Therapy and Training Centre at DSR District HQ Hospital, SPSR, Nellore (Andhra Pradesh). This Centre will cater to the health care needs of the people in and around Nellore.

TKDL (YOGA)

Traditional knowledge Digital Library (TKDL) (Yoga) is being prepared in collaboration with Council for Scientific and Industrial Research (CSIR). In this project an effort is being made to preserve the ancient traditional knowledge of Yoga and prevent the misappropriation of Yoga patents. The Institute is providing technical support for this prestigious TKDL (Yoga) project of Department of AYUSH. At present the TKDL (Yoga) project is functional at MDNIY Campus.

International Activities

The Institute has signed a MOU with Govt. Institute of Ayurvedic Medicine, St. Petersburg, Russia on cooperation and collaboration in the field of Yoga.

SCIENTIFIC RESEARCH

The Institute is involved in conducting the fundamental as well as the Clinical Research related to Yoga. The Institute is having the basic infrastructure facility in terms of equipment and staff for the research on Yoga. A Sleep Laboratory has been set up by the Institute for the advanced studies. It is proposed to take up collaborative research works with eminent Research Centres, Modern Medicine Hospitals and Yoga Centres of the country.

PHILOSOPHICO-LITERARY RESEARCH

The Institute is conducting Philosophico-Literary research work related to Yoga. It has taken up a project entitled "Philosophy and Practices of Hatha Yoga traditions". The Institute would like to take up some more such Philosophico-Literary research work on the traditional texts/scriptures of Yoga in the days to come. Based on this, the Institute would like to bring out and publish some standard literatures.

ADVANCED CENTRES FOR YOGA

The following Centres have been set up and the initial research activities were initiated to promote the advancement in the Yoga education, therapy, research and training.

- Advanced Centre for Yoga in Mental Health & Neurosciences at National Institute of Mental Health & Neurosciences (NIMHANS), Bangalore.

- Advanced Centre for Yoga in Cardio-vascular Diseases and Diabetes mellitus at Jawaharlal Institute of Post Graduate Medical Education and Research (JIPMER), Puducherry.
- Advanced Centre for Research and Training in Yoga in Operational Stress and Performance improvement of defence Personnel at Defence Institute of Physiology and Allied Sciences (DIPAS), Delhi.
- Advance Centre for Yoga in Respiratory Diseases and Geriatric Care at Gujarat Ayurveda University (GAU), Jamnagar.

WHO PROJECT

Institute has also initiated the work on publishing disease-wise booklets on Yogic Management of some common disorders. These booklets are being Peer-reviewed by the eminent experts of the field. The Peer reviewed version of the booklets will be translated into several Indian and foreign languages. The Institute has also proposed to introduce the Appreciation Course in Yoga Sciences to Medical Students/Physicians, for which Institute is finalizing a standard course material/syllabus. These programmes are funded by WHO.

COMMUNICATION AND DOCUMENTATION

Learning Resource Centre

It is proposed to establish a Learning Resource Centre in Yoga at MDNIY, partially funded by WHO. This will develop as central hub of knowledge on Yoga research, therapy, training and disseminating & propagating the Yoga information to common people, researchers and philosophers. The LRC has following wings:

1. Library and Information Wing.
2. Audio, Visual and Electronic Media Centre.
3. Documentation, Communication and Publication Wing.

The proposed LRC at MDNIY would contribute and support the Institute's educational, training, therapy and research programmes and information dissemination functions.

Publication and Propagation

Communication and Documentation Department of the Institute collects all information, news, latest developments related to Yoga lectures and discussions organized in the Institute and place them in the library for reference. In addition, the wing is in the process of making digital copies of ancient Yogic scriptures for preservation, promotion and reference.

The Institute brings out booklets, leaflets, informative brochures etc, on fundamental aspects of Yoga and Yogic practices as well as on different diseases for the benefit of common public. Through this the Institute intends to

disseminate the efficacy of Yoga in the present day health problems and to attract the common mass towards practice of Yoga.

The Institute is also participating in National/ International events like Health exhibitions, Health Melas, Festivals, Seminars, Conferences etc

Yoga Vijnana

The Institute has started publishing a Quarterly Journal “Yoga Vijnana” (Science of Yoga) devoted for propagation of Yoga Education, Training, Therapy and Research. This will be containing the general and research articles of eminent experts of Yoga, Modern medicine and other related subjects.

News Letter: The Institute brings out Quarterly News Letter, which contains the activities and programmes of the Institute in brief.

Other publications: Institute has brought out some booklets, CDs, calendars etc for the benefit of general public.

Priced Publications of Morarji Desai National Institute of Yoga

S.NO	Title of the publication	Price (Rs.)
01	Yoga Calendar (Yogic Practices)	10/-
02	Yoga Calendar on TEN topics (English)	10/- each
03	Yoga Calendar on TEN topics (Hindi)	10/- each
04	Yoga for Common Disorders	10/-
05	Yogic Management for Diabetes mellitus	50/-
06	Yogic Management of Back pain and Neck pain	50/-
07	Yogic Management of Arthritis	50/-
08	Yogic Management of Obesity	50/-
09	Yogic Management of Cardiovascular diseases	50/-
10	Yogic Management of Respiratory disorders	50/-
11	Patanjali Yoga Sutra: Eka Adhyayana (Hindi)	150/-
12	Yogasana	60/-
13	Pranayama	60/-
14	Shat karma	60/-
15	Pratha Smarana	30/-
16	Yoga Darshana	30/-
17	Yoga for All (CD) (Hindi & English)	100/-
18	Yoga for Women (CD) (Hindi & English)	100/-

Discount:

- A. 20% discount on purchase of single copy of any items during AROGYA/National Yoga Weeks.
- B. 30% discount of purchase of ten or more number of copies of each items.

All prices in Indian Rupees, (Postage charges extra), Payments are to be made in favour of Morarji Desai National Institute of Yoga by Demand Draft, payable at New Delhi on any Indian Bank.

Non-Priced Publications of Morarji Desai National Institute of Yoga	
01	Yoga in School Health
02	Bidyarthion ke Liye Yogabhayash Pushtika (Hindi)
03	Yoga foe Low Back Pain
04	Yogasana (Hindi)
05	Yoga for Bronchial Asthma
06	Yoga for Cervical Spondylosis
07	Yoga for Diabetes Mellitus
08	Yoga for Arthritis
09	Yoga for Hypertension
10	Yoga for Coronary Artery Disease
11	Diet & Nutrition: A Yogic Perspective (English & Hindi)
12	Information Brochure

CONTINUING MEDICAL EDUCATION (CME) PROGRAMME

The Institute is organizing Continuing Medical Education (CME) Programme on Orientation in Yoga for AYUSH and Allopathy doctors (sponsored by Department of AYUSH, Ministry of Health and Family Welfare, Govt. of India). The programme is aimed to introduce the knowledge of Yoga to contribute best patient care assistance in medical services.

BI-MONTHLY EXPERT LECTURE SERIES

The Institute is organizing a Bi-monthly Expert Lecture Series from the month of January, 2009. It is organised on the last Thursday of every odd month. Eminent experts from Yoga & Allied Sciences as well as Modern medical scientists are invited to deliver expert lectures in the Institute. The Institute shall bring out the lectures in a book form at the end of the year.

National Yoga Week

The Institute is organizing "National Yoga week", a mass awareness programme for health, happiness and harmony for all through Yoga every year during February/March which includes Seminar, Conference and Skill Building Workshops in different streams. Eminent experts of Yoga, Modern medicine and other related fields share their experience and knowledge in this mega event. The Institute is proposing to make it a National event by the participation of leading Yoga Institutes of the country in the years to come.

National Seminar, Conference and Workshop

The institute organizes Workshops/Conferences/Seminars on regular basis in collaboration with eminent Yoga/Medical Institutes to disseminate and exchange the experiences of eminent Yogis, Yoga Therapists and Researchers, Scientists as well as Yoga aspirants.

General Information

- The Institute functions from Monday to Friday (except on holidays) from 9:30 am to 6:00 pm. However, the Yoga activity starts at 6:00 am in the morning and ends at 6:00 pm.
- The timings of the OPD are 8:30 am to 1:30 pm and 2:00 pm to 4:00 pm on all working days.
- Most of the programmes commences from 1st working day of every month.
- The persons interested to join any of the Yoga programme are required to obtain an admission form from the Reception Counter, which costs Rs. 10/- only.
- The Yoga Therapists, Senior Medical Officer, Yoga experts and Dietician will be available for consultation in OPD on the above specified time on all working days.
- There is a need to obtain an Admit card for admission to all the programs and without the Admit Card one cannot enter the class.
- Pathology, Biochemistry lab and X-Rays facilities are also available for the public utility, for which the Institute will charge extra on nominal rates.
- Obtain proper receipt for all the payments.
- Obtain proper receipt for all the payments.
- The Campus is purely and strictly in No Smoking Zone and discipline must be observed within the campus. Strict action will be initiated against the persons, who violate the discipline within the campus.
- In case of any difficulty or problem, one may contact the Director or Administrative Officer with prior appointment.
- The decision of the Director of the Institute is full and final in all matters related to admission, implementation of the above programmes & the discipline thereof.

The Director

Morarji Desai National Institute of Yoga

(An autonomous organization under Department of AYUSH, Ministry of Health & Family Welfare, Government of India)

68, Ashoka Road, Near Gole Dak Khana, New Delhi - 110 001

Phone : 011-23730417, 23730418, 23351099, 23721472, Telefax : 011-23711657

E-mail : mdniy@yahoo.co.in Website : www.yogamdniy.com

Powers and duties of Officers and employees
[Section 4 (1) (b) (ii)]

The MDNIY is headed by the Director, who is assisted by the Administrative Officer, Programme Officer, Assistant Director (Yoga). In addition, Administration is headed by Administrative Officer and assisted by Accountant (Accounts) and Office Superintendent (Establishment) and other Ministerial staff. The powers and functions of the Director MDNIY, Administrative Officer and In charges of the Institutes are given below:-

POWERS AND FUNCTIONS OF THE DIRECTOR

The Director shall be the Chief Executive of the Institute and shall be responsible for the coordination of policies, planning and execution of various programs under the Institute. Without prejudice to the generality of the foregoing provisions, the Director shall exercise such powers and discharge such functions as specified in Schedule-II and also those laid down below subject to any direction under the relevant rules as issued by the Govt. of India, from time to time:

- (a) He or she shall do all such acts as may be required for the proper conduct of the ordinary current administrative and business duties and affairs of the Institute;
- (b) He or she shall allocate duties to officers and employees of the Institute and shall exercise such supervising and executive control as may be necessary subject to the rules and these regulations;
- (c) All the correspondence shall be over his/her signature or of an officer(s) authorized or directed by him in this behalf;
- (d) He or she shall also be a Member (ex-officio) of all the Committees appointed by the Governing Council and shall attend at his discretion all or any meeting of such Committees;
- (e) He or she shall exercise such of the financial and administrative powers as may be delegated by the Governing Council from time to time;
- (f) The Director shall sign and execute on behalf of the Institute/Governing Council all the agreements, contracts, etc. which may be necessary for the proper conduct of the business of the Institute;
- (g) He or she or an officer not lower than Group A rank authorized by him/her shall sign and verify plaints, written documents, statements, affidavits, petitions and

tabular statements and institute or defend suits, action, and other legal proceedings on behalf of the Institute/Governing Council;

- (h) He or she shall have power to compromise, settle or refer to arbitration any dispute relating to the Institute after taking competent legal advice;
- (i) The Director may, subject to such restrictions as he or she may think fit to impose, authorize the Departmental Heads/Asst. Director (Administration) Administrative Officer/Accounts Officer, as the case may be, to exercise the extent indicated in the attached Schedule-II powers conferred upon him/her under the Bye-Laws.
- (j) The Director may, subject to such restrictions as he or she may think fit to impose, authorize the Heads of the Projects, to exercise such of the powers conferred upon him or her under the Bye-Laws.
- (k) The Drawing and Disbursing Officer or any other officer of the Institute of Group A & B rank authorized by the Director on his or her behalf shall have the power to sanction an expenditure of contingent nature upto an amount not exceeding Rs. 2500/- in each case.

Note: In the event of any authorization by the Director under items (i), (j) and (k) above, the authorized officers shall be responsible for the correctness, regularity and propriety of the decision taken by them. However, the Director shall continue to be overall responsible for all such decisions taken by the authorized officers.

SCHEDULE – II
SCHEDULE OF POWERS VESTED IN DIRECTOR AS PER PROPOSED BYE
LAWS.

(SECTION 4(1)(b)(ii))

Bye-Law is given in the institute website.

COMMITTEES / BODIES OF MDNIY
[Section 4(1) (b) (VIII)]

THE GENERAL BODY

Function:

- The Governing Council shall have general control of the affairs of the Institute and shall have authority to do, exercise and perform all the powers, acts and deeds for the planning, establishment and running of the Institute, and its branches whether within or outside India consistent with the aims and objects of the Institute, as set forth in the Memorandum of its Association.
- The Governing Council shall have full powers to make such bye-laws as they shall think essential for the regulation of the business of the Institute and in particular with reference to (i) the keeping of accounts; (ii) the preparation and sanction of budget estimates; (iii) the sanctioning of expenditure; (iv) entering into contracts; (v) the appointment of staff and determination of their conditions of service; (vi) creation and abolition of posts; (vii) any other purpose that may be necessary.
- The Governing Council may amalgamate, coordinate, take over or accept the management and administration of any endowment or trust fund or any subscription or donations, gifts, provided that the same is unaccompanied by any condition inconsistent or in conflict with the objects for which the Institute is established.
- The Governing Council may by resolution delegate such administrative and financial powers as it may think proper to any Committee, the Chairperson the Director and such officers of the Institute as may be considered necessary.
- The Governing Council shall have the power to frame, amend or repeal bye-laws for the administration and management of the affairs of the society.
- The Governing Council shall have full powers to Institute, conduct, defend, compound, compromise or abandon any legal proceedings by or against the Institute or otherwise relating to the affairs of the Institute.
- The Governing Council may appoint committees or sub-committees for such purpose and with such powers as may be specified by it.
- Nothing in these rules shall prevent the President from exercising any or all the powers of the Governing Council in case of emergency for the furtherance of the objects of the Morarji Desai National Institute of Yoga and the action taken by the President on such occasions shall be reported to the Governing Council subsequently for ratification/information.

The General Body shall consist of the following:

- | | | |
|-------|---|----------------|
| i) | Minister or Minister of State or Deputy Minister holding charge of the work of Yoga in the Deptt. of ISM&H, Ministry of Health & F.W., ex- officio. | President |
| ii) | Secretary (ISM&H),
Ministry of Health & F.W.,
Ex-Officio | Vice President |
| iii) | Joint Secretary (ISM)
Department of ISM&H
Ministry of Health & F.W. | Member |
| iv) | Joint Secretary (FA),
Ministry of Health & F.W. | Member |
| v) | Director,
Rashtriya Ayurveda Vidhyapeeth
Punjabi Bagh, New Delhi-110026 | Member |
| vi) | Joint Secretary (School Education)
Department of Education
Ministry of Human resource Development | Member |
| vii) | Joint Secretary, Incharge of Physical
Education, Department of Youth Affairs
& Sports, Ministry of Human Resource
Development. | Member |
| viii) | Representative of the Ministry of External
Affairs. | Member |
| ix) | Secretary (Medical)
Government of N.C.T. of Delhi | Member |
| x) | Director General
Indian Council of Medical Research | Member |
| xi) | President,
Central Council of Indian Medicine | Member |

xii)	Director, National Institute of Mental Health And Neuro Sciences, Bangalore	Member
xiii)	Director, Defence Institute of Physiology and Allied Sciences, Delhi.	Member
xiv-xxiv)	Eleven eminent persons from the field of Yoga or from field of such as Indian Systems of Medicine, Education and Modern Medicine Involved in the propagation of Yoga, to be Nominated by the President.	Member
xxv)	Director, Morarji Desai National Institute of Yoga	Member-Secretary

GOVERNING COUNCIL

Function:

- The Governing Council shall have general control of the affairs of the Institute and shall have authority to do, exercise and perform all the powers, acts and deeds for the planning, establishment and running of the Institute, and its branches whether within or outside India consistent with the aims and objects of the Institute, as set forth in the Memorandum of its Association.
- The Governing Council shall have full powers to make such bye-laws as they shall think essential for the regulation of the business of the Institute and in particular with reference to (i) the keeping of accounts; (ii) the preparation and sanction of budget estimates; (iii) the sanctioning of expenditure; (iv) entering into contracts; (v) the appointment of staff and determination of their conditions of service; (vi) creation and abolition of posts; (vii) any other purpose that may be necessary.
- The Governing Council may amalgamate, coordinate, take over or accept the management and administration of any endowment or trust fund or any subscription or donations, gifts, provided that the same is unaccompanied by any condition inconsistent or in conflict with the objects for which the Institute is established.
- The Governing Council may by resolution delegate such administrative and financial powers as it may think proper to any Committee, the Chairperson the Director and such officers of the Institute as may be considered necessary.
- The Governing Council shall have the power to frame, amend or repeal bye-laws for the administration and management of the affairs of the society.

- The Governing Council shall have full powers to Institute, conduct, defend, compound, compromise or abandon any legal proceedings by or against the Institute or otherwise relating to the affairs of the Institute.
- The Governing Council may appoint committees or sub-committees for such purpose and with such powers as may be specified by it.
- Nothing in these rules shall prevent the President from exercising any or all the powers of the Governing Council in case of emergency for the furtherance of the objects of the Morarji Desai National Institute of Yoga and the action taken by the President on such occasions shall be reported to the Governing Council subsequently for ratification/information.

The Governing Council of the Society shall consist of the following:

OFFICIAL

- | | | |
|------|--|---------------------|
| i) | Secretary (ISM&H)
Ministry of Health & F.W. | Chairperson |
| ii) | Joint Secretary (ISM)
Department of ISM&H
Ministry of Health & F.W. | Vice
Chairperson |
| iii) | Joint Secretary (FA)
Ministry of Health & F.W. | Member |
| iv) | Joint Secretary (School education)
Department of Education,
Ministry of Human Resource
Development. | Member |
| v) | Director General
Indian Council of Medical
Research or his nominee | Member |
| vi) | Director, Defence Institute of
Physiology & Allied Sciences,
Delhi. | Member |

NON-OFFICIAL

- | | | |
|--------------------|--|------------------|
| vii)
&
viii) | Two eminent persons from the field of Yoga to be nominated by the President from amongst the members of the General Body. | Members |
| ix) | One eminent social worker engaged in the propagation of Indian System of Medicine to be nominated by the President from amongst the Members of the General Body. | Member |
| x) | One expert in Modern Medicine to be nominated by the President from amongst the members of the General Body. | Member |
| xi) | One expert in Naturopathy or Education to be nominated by the President from amongst the Members of the General Body. | Member |
| xii) | Director, Morarji Desai National Institute of Yoga | Member-Secretary |

FINANCE COMMITTEE

Function:

- a) Annual Accounts showing the receipts and expenditure of the Institute together with audit report thereon.
- b) Budget estimates showing the estimated receipts and expenditure of the Institute.
- c) All proposals for the creation of new posts.
- d) All financial matters pertaining to the Institute including new proposals, re- appropriations of funds etc.
- e) All matters relating to the invitation and acceptance of tenders.

There shall be a Standing Finance Committee of the Institute consisting of the following:

- | | | |
|----|--|-------------|
| i) | Joint Secretary (ISM)
Department of ISM&H,
Ministry of Health & F.W. | Chairperson |
|----|--|-------------|

- | | | |
|------------|--|------------------|
| ii) | Joint Secretary (FA)
Ministry of Health & F.W. | Member |
| iii)
v) | Three members of the General Body
to be nominated by the President of
the Institute. | Members |
| vi) | Director, Morarji Desai National
Institute of Yoga. | Member-Secretary |

SCIENTIFIC ADVISORY COMMITTEE

Function:

All proposals relating to the Scientific objects of the Institute shall be referred to the Scientific Advisory Committee which shall consider them and make its recommendation thereon to the Governing Council.

Standing Scientific Advisory Committee of the Institute consisting of the following:

- | | | |
|-------|---|------------------|
| i) | Joint Secretary (AYUSH),
Department of AYUSH,
Ministry of Health & F.W. | Chairperson |
| ii) | Nominee of Director General,
Indian Council of Medical Research (ICMR),
New Delhi | Member |
| iii) | Nominee of Director,
National Institute of Mental Health
& Neuro Science (NIMHANS),
Bangalore | Member |
| iv) | Director or his nominee,
Defence Institute of Physiology
& Allied Sciences (DIPAS),
New Delhi | Member |
| v&vi) | Two eminent experts in Yoga with
Scientific background to be nominated by
the President from amongst the members
of the General Body | Member |
| vii) | Director,
Morarji Desai National Institute of Yoga (MDNIY),
New Delhi | Member-Secretary |

ACADEMIC COMMITTEE

Function:

- All proposals relating to academic objects of the Institute shall be referred to the Academic Committee which shall consider them and make its recommendation thereon to the Governing Council.
- Term of Office of nominated members of Finance Committee/Scientific Advisory Committee/Academic Committee shall be co-terminus with the term of the Governing Council but shall not exceed three years. An outgoing member shall be eligible for re-nomination.
- No proceedings of the Finance Committee/Scientific Advisory Committee shall be invalid for the reason of lack of nomination/vacancy in the Committee.
- Any business which it may be necessary for the Finance Committee/Scientific Advisory Committee/Academic Committee to perform, may be performed by a resolution in writing circulated amongst all its members and any such resolution so circulated and approved by a majority of members at that time shall be as effectual and binding as if such a resolution had been passed in a meeting of the Committee provided at least 3 members of the Committee have given their approval to the resolution.

Standing Academic Committee of the Institute consisting of the following:

- | | | |
|-------|--|-------------|
| i) | Director,
Morarji Desai National Institute of Yoga (MDNIY),
New Delhi | Chairperson |
| ii) | Representative of Department of
Secondary & Higher Education,
Ministry of Human Resource Development
(to be nominated by the Department of
Secondary & Higher Education) | Member |
| iii) | Representative of University Grants
Commission (UGC), New Delhi | Member |
| iv&v) | Two eminent experts in Yoga with academic
background to be nominated by the President
from amongst the members of the General Body | Member |
| vi) | Programme Officer / Administrative Officer,
Morarji Desai National Institute of Yoga (MDNIY),
New Delhi | Convenor |

DIRECTORY OF OFFICERS and EMPLOYEE OF MDNIY
[Section 4(1) (b) (IX)]

EMPLOYEE DIRECTORY			
Reception Counter: 011-23730417-18, 23724172,23351099			
Name of Employee	Designation	Phone no (Extn.)	Fax
Dr. I.V. Basavaraddi	Director	108	011-23711657
Dr. I.N. Acharya	Programme Officer (YT)	115	--
Sh. H.N. Choudhary	A.D.(Yoga)	116	--
Dr. Rakesh Kumar	Senior Medical Officer	114	--
Sh. K.K. Misra	Administrative Officer	157	011-23718301
Dr.Satish Ramarao Gaikwad	Research Officer (Scientific)	122	
Sh. D.K. Malik	Office Superintendent	107	--
Sh. Joydeep Majumder	Assistant Research Officer (Scientific)	122	--
Smt. Lalita Mathur	A.R.O(Yoga)	109	--
Smt. Gurjeet Gambhir	A.R.O(Yoga)	109	--
Sh. Bal Mukund Singh	A.R.O(Yoga)	129	--
Yogi Udai	A.R.O(Yoga)	129	--
Shri K. Doren Singh	A.R.O. (Yoga)	129	--
Smt. Meeta Vig	A.R.O(Yoga)	111	--
Smt. Asha Kheman	ARO (Yoga)	109	--
Smt. Manjot Kaur	Dietician	141	--
Sh. S.K.Madan	P.A. to Director	103	--
Sh. P.C. Rawat	Yoga Instructor 'A'	129	--
Sh. M.S. Bhadoria	Yoga Instructor 'A'	129	--
Smt. Meera Chauhan	Yoga Instructor 'A'	129	--
Sh. Vinay Kumar Bharti	Y.I.Gr. 'A'	129	--
Smt. Seema Sagar	Y.I. Gr. 'A'	129	--
Smt. Jiya Joshi	Assistant	107	--
Smt. Kamlesh Madan	Stenographer Gr.-II	154	--
Sh. Hakim Rai	Electrician	110	--
Smt. R. Sabestian	Staff Nurse	112	--
Smt. K. Jacob	Radiographer	112	--
Smt. Neelam	Yoga Instructor Gr. 'B'	129	--
Sh. Avijit Mutsuddi	Y. I Gr. 'B'	111	--
Ms Samrita Sital	Y.I. Gr. 'B'	----	--

Smt. Rashpal Mittra	Tech. Asstt.	123	--
Smt. Bimla Chaudhary	Tech. Asstt.(Lit.)	009	--
Sh. R.C. Gupta	U.D.C.	---	--
Smt. Saraswati Chawla	U.D.C.	107	--
Smt.Himani Sharma	Cataloguer	117	--
Smt. Veena Chugh	Hindi Steno-III	112	--
Sh. Shiv Nand	Caretaker	-----	--
Sh. J.C. Sagar	Cashier	150	--
Smt. Meena Sachdeva	T.O.-cum-Reception	009	--
Sh. S.N. Sharma	L.D.C.	150	--
Sh. Darshan Singh	L.D.C.	150	--
Smt. Naveena Mishra	L.D.C.	107	--
Sh. Om Prakash	L.D.C.	115	--
Sh. Nand Kishore	L.D.C.	122	--
Sh. Sudhir Pal	Store-Keeper	155	--
Km. Varsha P. Phale	Lab. Assistant	123	--

MONTHLY REMUNERATION RECEIVED BY EACH OF THE OFFICERS AND EMPLOYEES

[Section 4(1) (b) (X)] Sl. No.

S.N.	Name	Designation	Remuneration
1.	Dr. I.V.Basavaraddi	Director	73, 569
2.	Shri K.K Misra	Admin. Officer	36,051
3.	Dr. Ishwara N.Achaya	P.O (YT)	51,469
4.	Shri H.N. Chaudhary	AD(Yoga)	61,061
5.	Dr.Rakesh Kumar	S.M.O	66,164
6.	Dr. Satish Ramarao Gaikwad	R.O (Scientific)	34,372
7.	Shri D.K. Malik	O.S	41,000
8.	Smt. Asha Khemani	ARO (Y)	45,145
9.	Smt. Lalita Mathur	ARO(Y)	45,145
10.	Smt. Gurjeet Gambhir	ARO(Y)	42,692
11.	Shri Yogi Udai	ARO(Y)	42,692
12.	Shri Bal Mukund Singh	ARO(Y)	42,692
13.	Smt.Meeta Vig	ARO(Y)	36,765
14.	Shri Prem Chand Rawat	ARO(Y)	36,181
15.	Shri. Doren Singh	ARO (Y)	32,618
16.	Sh. Joydeep Majumder	ARO (Scientific)	21,566
17.	Shri Mahender Singh Bhadoria	Yoga Inst.. Gr. 'A'	33,810
18.	Shri Vinay Kumar Bharti	ARO	29,070
19.	Smt. Manjot Kaur	Dietician	32,618
20.	Smt. Meera Chauhan	Yoga Inst. Gr. 'A'	33,810
21.	Smt. Seema Sagar	Yoga Inst. Gr. 'A'	26,997
22.	Smt. Neelam	Yoga Inst. Gr. 'A'	26,997
23.	Shri Avijit Mutsuddi	Yoga Inst. Gr. 'A'	26,253
24.	Shri S.K. Madan	P.A to Director	36,823
25.	Smt .Kamlesh Madan	Stenographer-II (Eng.)	32,166
26.	Sh. Hakim Rai	Electrician	32,291
27.	Smt. Kochuthersia Jacob	Radiographer	29,641
28.	Smt. Jiya Joshi	Assistant	28,764
29.	Smt.Rashpal Mitra	Technical Asstt.	31,058
30.	Shri Ramesh Chand Gupta	UDC	25,301
31.	Miss Samrita Sital	Yoga Inst. Gr.'B'	22,165

32.	Mr. Atul Goel	Yoga Inst. Gr.'B'	
33.	Smt. Bimla Chaudhary	Tech. Asstt.	27,873
34.	Smt. Veena Chugh	Stenographer-III (Hindi)	27,508
35.	Smt.Meena Sachdeva	T.O.-cum-Recept.	24,150
36.	Shri Jagdish Chand Sagar	Cashier	20,559
37.	Smt. Saraswati Chawla	UDC	20,559
38.	Smt Himani Sharma	Cataloguer	16,763
39.	Shri Shiv Nand	Caretaker	20,836
40.	Shri Shiv Narayan Sharma	LDC	20,252
41.	Shri. Sudhir Pal	Store keeper	11,982
42.	Shri Darshan Singh	LDC	16,427
43.	Smt. Naveena Mishra	LDC	16,179
44.	Shri Amar Nath Jha	Gestetner Operator	16,034
45.	Shri Om Prakash	LDC	15,741
46.	Shri Nand Kishore	LDC	15,741
47.	Miss. Varsha P Phale	Tech. Asstt.	15,801
48.	Shri Harpal Singh	Daftary	16,487
49.	Shri Jadu Nath	Peon	16,253
50.	Shri Mangal Dev Pandey	Peon	15,319
51.	Shri Vijender Kumar Choudhary	Peon	13,586
52.	Shri Ram Kumar	Peon	13,531
53.	Shri Kishori Mehto	Peon	13,531
54.	Shri Devinder Singh	Peon	11,998
55.	Shri Him Lal	Chawkidar	16,750
56.	Sh. Kul Bahadur	Chawkidar	13,173
57.	Shri Phool Chand	Chawkidar	11,998
58.	Shri Phuleshwer Mehta	Mali	16,750
59.	Shri Gobind Ram	Head Cook	17,202
60.	Shri Hari Ram	Cook	16,750
61.	Shri Ashrafi Lal	Kitchen Servant	16,312
62.	Shri Gopi Chand	Kitchen Servant	16,253
63.	Shri Subhash Chand	Kitchen Servant	15,538
64.	Shri Gopal Bahadur	Ward Boy	16,312
65.	Shri Mata Din	Ward Boy	16,545
66.	Shri Mahesh Kumar	Ward Boy	12,173
67.	Smt Deva Rani	Sr. Ward Aya	16,750
68.	Smt Ram Piyari	Ward Aya	16,312

69.	Smt Ram Dulari	Attendant	16,750
70.	Shri Suresh Kumar	Attendant	16,545
71.	Ramji Lal	Mali	9,662
72.	Smt Sheela	Sweepress	16,545
73.	Shri Madan Pal	Sweeper	16,253
74.	Shri Puran Lal	Sweeper	16,253
75.	Shri Mahender Kumar	Sweeper	10,859
76.	Sh. Anil Kumar	Sweeper	10,869

**LIST OF THE SC/ST CANDIDATES FOR THE YEAR 2008-09
DIPLOMA IN YOGA SCIENCE (DYSc.)
(One Year Duration)**

Granted Half fee concession as per rules.

1. Ms. Kavita Rani
2. Ms. Nisha
3. Ms. Ranjan Rani Sagar
4. Ms. Rubee Kumari
5. Mr. Mukesh Kumar
6. Mr. Parvin Kumar

Morarji Desai National Institute of Yoga

New Delhi

[Section 4(1) (b) (XIII)]

Particulars of Concessions, permit or authorization granted by it.

The Director, Morarji Desai National Institute of Yoga has been authorized for this purpose.

Morarji Desai National Institute of Yoga
New Delhi
(Information available in an electronic form)
[Section 4(1) (b) (XIV)]

The Institute
Facility
Department
Course
Yoga Training
Yoga Therapy Programme
Yoga Therapy and Research Centres in Tertiary Hospitals
Preventive Health Care Units of Yoga in CGHS Dispensaries
Extension Activities
Traditional knowledge Digital Library (TKDL)
Scientific Research
Advanced Centres for Yoga
Who Project
Library and Information Centre
Learning Resource Centre
Publication and Propagation
Continuing Medical Education (CME) Programme
Bi-monthly Expert Lecture Series
National Yoga Week
National Seminar, Conference and Workshop

(Particulars of facilities available to citizens for obtaining information)

[Section 4(1) (b) (XV)]

Information can be obtained from the Office of Morarji Desai National Institute of Yoga, 68, Ashok Road, Near Gole Dak Khana, New Delhi – 110001.

Morarji Desai National Institute of Yoga
New Delhi
(Appellate Authority, Public Information Officer & Asst. P.I.O)
[Section 4(1) (b) (XVI)]

Assistant Public Information Officer

Shri D.S Mallik,
Office Superintendent
Morarji Desai National Institute of Yoga,
68, Ashoka Road, Near Gole Dak Khana,
New Delhi – 110 001
Tel. No. – 011 –23721472, 23351099
Telefax: 011 – 23718301

Public Information Officer

Dr. Ishwara N. Acharya
Programme Officer
Morarji Desai National Institute of Yoga,
68, Ashoka Road, Near Gole Dak Khana,
New Delhi – 110 001
Tel. No. – 011 – 23351099, 23721472
Telefax: 011 – 23718301

Appellate Authority

Dr. Ishwar V. Basavaraddi,
Director,
Morarji Desai National Institute of Yoga,
68, Ashoka Road, Near Gole Dak Khana,
New Delhi – 110 001
Tel. No. – 011 – 23711657, 23721472, 23351099
Telefax: 011 – 23711657

Morarji Desai National Institute of Yoga
New Delhi
[Section 4(1) (b) (XVII)]

LIBRARY

Library is centrally located and air-conditioned. It has a capacity of storing 80,000 books. It is the main source of information for print, on-print and electronic media resources in the form of books, periodicals, audio and visual and other multimedia resources. At present there are approx. 11000 books on Yoga and allied subjects. It has facility for viewing Videos and Multimedia CDs on Yoga. A part from books, Journals, Periodicals and newspapers are available for reading.

WEBSITE

Morarji Desai National Institute of Yoga, New Delhi and details can be accessed on <http://www.yoga-mdniy.com> . We can be reached by mdniy@yahoo.co.in.

Rules, Regulations, Instructions, Manuals and Records for discharging functions.

[Section 4(1) (b) (V)]

1. Manual of Office Procedures
2. Fundamental Rules and Supplementary Rules (FR&SR)
3. CCS (Classification, Central appeal) Rules 1965
4. CCS (Conduct) Rules 1964
5. General Financial Rules (GFR)
6. Delegations of Financial Powers Rules
7. Central Services (Medical Attendant) Rules
8. Central Civil Service Leave Rules
9. Central Civil Service LTC Rules
10. Central Vigilance Commission (CVC) Manual
11. Rules & Regulations for Diploma Courses.

Norms set for discharge of functions
[Section 4 (1) (b) (IV)]

As per Bye-laws of the Institute (under finalization) proposals are implemented after obtaining approval of competent authorities.

Procedures followed in decision making process

[Section 4 (1) (b) (III)]

In accordance with office procedures all the cases are dealt with in the Institute.

Category of documents held by MDNIY
[Section 4 (1) (b) (VI)]

- All IEC material
- Priced Publication
- Non-priced Publication
- Annual Reports
- Annual Accounts
- Translites
- CDs
- DVDs

Particulars for consultation

[Section 4 (1) (b) (VII)]

Consultation for OPD and all other programme is being done in the Institute from 6.00 AM to 1.00 PM and from 2.00 PM to 5.00 PM.

Delegation of Finance & Administrative Powers to Administrative Officer

1.	Power to incurred expenditure on non-recurring items.	2000.00
2.	Reimbursement of Conveyance.	150.00
3.	Sanction of Leave.	Gr. 'B', 'C' & 'D'
5.	Day to day orders.	As per need